

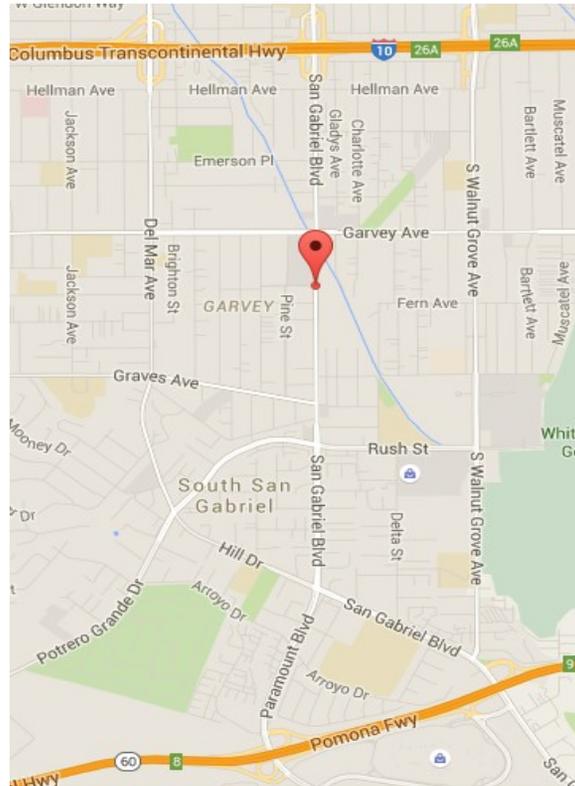


George C Win

**Doctor
Of
Chiropractic**

**Certified in
Functional
Medicine**

Dr. George C Win is the CEO of United Integrated Healthcare Center (UIHC). UIHC uses Functional Diagnostic Medicine, Customized Functional Nutrition Therapy, Chiropractic and Acupuncture Services for the treatment of chronic illness, pain and anti-aging. His 22 years plus of experience provides for a broad perspective in both complementary and traditional medicine approaches. Dr. George Win holds a Bachelor of Science Degree (major in Biology, Minor in Psychobiology) and Doctor of Chiropractic. He is board eligible for DACBN (Diplomat American Chiropractic Neurology Board) and has studied an additional post-graduate 200 hours in the specialty and treatment of advanced brain base Chiropractic Neurology through the Carrick Institute. He is certified by the American Chiropractic Neurology Council for ADHD/Autism treatment for children. He has also completed Applying Functional Medicine in Clinical Practice (AFMCP) which is certified by Institute of Functional Medicine.



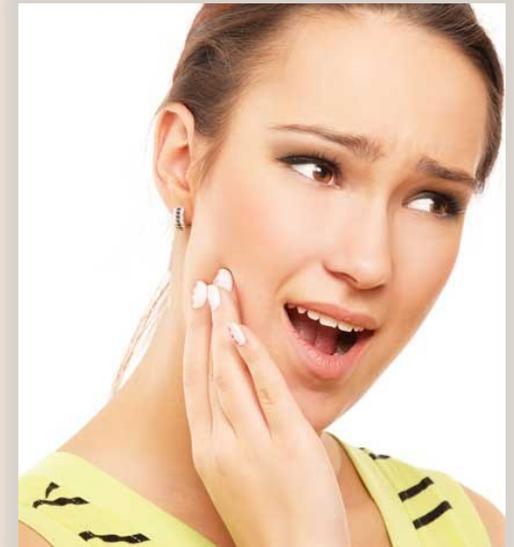
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**Treating TMJD/
Jaw Pain
with Chiropractic**

Why Integrated with Chiropractic Care?

The Journal of Oral Rehabilitation recommends examination of the cervical spine in TMJD patients, even without cervical complaints. These findings are supported by Cranio and Clinical Oral Investigation as well.

At United Integrated Healthcare Center (UIHC), we are trained to examine your neck and jaw to determine the best course of co-managed care with your oral health physician.

The position of the head and neck are intricately connected. With proper care and treatment of spinal disorders, TMJD patients can achieve pain relief and correction. Treatments at UIHC enable the body to respond to dental changes so that care received from your oral health physician has greater results.



What causes TMJD?

TMJD is a collective term for a broad range of disorders displaying a variety of signs—

- radiating pain in the face, neck, or shoulders
- limited movement or locking of the jaw
- painful clicking or grating when opening or closing the mouth
- significant change in the way the upper and lower teeth fit together

Symptoms can also include headaches, earaches, dizziness, hearing problems, and difficulty swallowing.¹

Cervical Spine disorders are perpetuating factors for TMJD although, most patients do not attribute these symptoms to neck problems.

¹American Chiropractic Association (2001)

TMJD patients receive

- Full examination to determine the best treatment plan
- Pre/post X-rays
- Multiple exams to evaluate progress
- Gentle and safe adjustments
- Exercises to strengthen and stabilize the jaw and neck
- Therapies to re-train muscles for proper movement of the jaw
- Therapies that balance muscles for proper function

