

Once we have run the necessary tests to determine your specific condition, we can successfully treat you via proper neurological and all natural nutritional protocols.

Services that we provide:

**Physical Medicine
Pain Management
Functional Medicine
Chiropractic
Acupuncture
Nutrition Therapy**



2630 San Gabriel Blvd., #200
Rosemead, CA 91770
(626) 280-9968
www.unitedintegratedhealth.com

WHAT MAKES US DIFFERENT...



United Integrated
Healthcare Center

**We treat patients structurally,
neurologically and metabolically!**

NO STONE IS LEFT UNTURNED

To determine the EXACT CAUSE
of Your Health Condition!

METABOLIC TREATMENTS BASED ON SPECIFIC LAB PANELS

By using specific blood tests such as:

#1: A FULL thyroid panel

#2: A complete metabolic panel (CMP)

#3: A lipid panel

#4: A CBC (complete blood chemistry with auto differential)

We can assess your thyroid, adrenal, blood, and GI function. All can be affected with chronic health conditions. By addressing any problems with your thyroid, adrenal glands, blood chemistry, or GI function, we can help you to heal faster. The CMP allows us to check your blood glucose levels since glucose and oxygen are needed by the brain to function properly.

Sensitivity Testing: Stool samples to determine if you have a sensitivity to gluten (wheat, rye, oats, and barley), milk, eggs, yeast, and soy. If you are sensitive to ANY of these food groups, it could be making your condition worse as it will increase inflammation in your brain and throughout your body! If you have the following symptoms, you could be suffering from sensitivity to gluten, soy, milk, eggs, and/or yeast.

HERE ARE SOME OF THE SYMPTOMS OF THESE SENSITIVITIES:

- Chronic pain or fatigue
- Frequent indigestion
- Bloating after eating
- Frequent loose bowel movements
- Constipation
- Mouth ulcers or sores
- Vomit often



The only way to find out if you are suffering from any of these sensitivities is to run the test.

Adrenal Stress Index (ASI): We can further test your adrenal glands with a test called an Adrenal Stress Index. Your adrenal glands are your “stress” organs meaning that they react to stress. If you have been or are currently under stress, this test is a must!

IF YOU SUFFER FROM INSOMNIA, THIS TEST WILL MEASURE YOUR CORTISOL LEVELS.

When your body’s cortisol levels are abnormal, you will suffer from insomnia. Cortisol levels can be corrected via specific nutritional protocols thereby relieving your insomnia.

Autoimmune Disorders: We may test to see if you have an autoimmune disease. An autoimmune disease is where your immune system attacks a particular area of the body (nervous system, joints, connective tissue, thyroid, etc.) so we test for specific antibodies to determine if you suffer from an autoimmune condition.

For Example: Many chronic pain/chronic fatigue patients that I have treated have tested positive for thyroid antibodies and they were actually mis-diagnosed. If your thyroid tissue anti-bodies (TPO & TBG) are high, you are suffering from Hashimoto’s disease. The only way to find out is to test for thyroid tissue antibodies via blood work.

Your immune system could be attacking your nervous system which would cause pain and numbness. The ONLY way to know is to run the test.



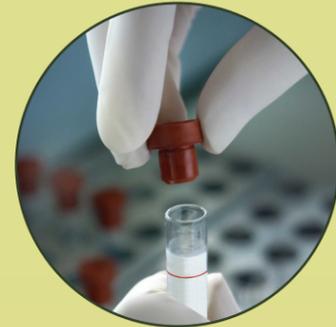
If you suffer from tissue antibodies, further blood work will be needed to determine which part of your immune system is not functioning. Specifically...

IMMUNE PANELS:

A: Lymphocyte Subpopulation

B: TH1/TH2 Cytokine Panels

C: Natural Killer Cell Activity



The immune panels give me an in depth picture as to what is exactly happening with your immune system. If you are suffering from an auto-immune disorder, it becomes priority number one and it must be the first thing to be addressed.

H.Pylori: We can run a test for H. Pylori bacteria to determine any problems related to the GI function.

Intestinal Permeability: Used to determine if the patient suffers from leaky gut syndrome (LGS). LGS or **Leaky Gut Syndrome** describes a condition of altered or damaged bowel lining, caused by antibiotics, toxins, poor diet, parasites or infection can lead to increased permeability of the gut wall to toxins, microbes, undigested food, waste or larger than normal macromolecules. It has been proposed that these substances affect the body directly, while others postulate an immune reaction to these substances

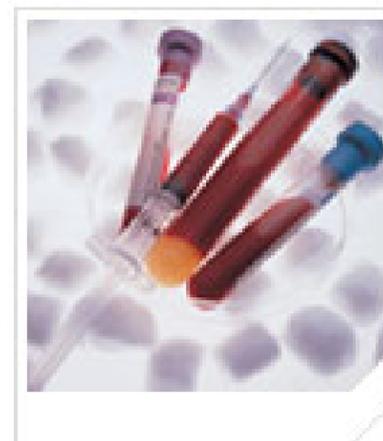
Neurotransmitters: We can test for decreased brain neurotransmitters. Neurotransmitters are vital for proper brain function. Decreased neurotransmitters can cause increased pain.

Hormone Panels: We can check hormone panels to determine if the patient suffers from low testosterone in males or low estrogen/progesterone levels in females. Symptoms related to decreased hormone levels may include depression, fatigue, mental fogginess, mood swings, hot flashes, sweating attacks, weight gain, and decreased physical stamina.

Inflammation: Finally, we may need to test for inflammation in your system by testing homocysteine levels and C-Reactive Protein (C-RP). Many patients suffering from chronic health conditions suffer from inflammatory processes. Just about every fibromyalgia patient that I have treated suffers from some form of chronic inflammatory process.

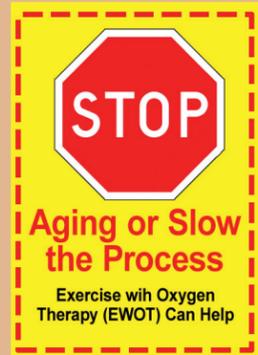
Glutathione: We use Glutathione in our treatment of ALL chronic conditions. Glutathione is the “mother-load” of anti-oxidants. Glutathione cannot be taken orally in pill form as the body will not absorb it. We have seen miraculous changes in our patient population as a result of our specific glutathione protocols. Glutathione is especially helpful with autoimmune diseases.

TESTING MAKES ALL THE DIFFERENCE



Neurological Treatments Based on Specific Neurological Testing:

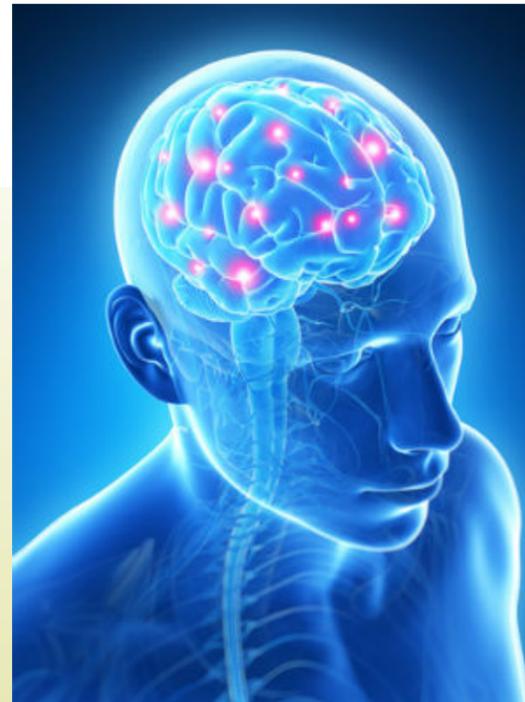
#1: Oxygen Therapy:



Oxygen is fuel for your brain and nervous system. Your brain and nervous system need two things to survive... fuel and activation/stimulation. Fuel comes in the form of OXYGEN AND GLUCOSE. By using oxygen, we will help you heal faster. By using exercise with oxygen therapy (EWOT), we can increase firing to brain. By increasing firing of brain, we help MANY chronic conditions.

#2: Brain-Based Therapy (BBT):

We use specific brain-based therapies such as: Active Therapeutic Movement – ATM2: Provides relief from chronic pain using active therapeutic movements to retrain the brain and nervous system to learn new pain free movement patterns. This works great for improving posture, mobility and range of motion. Many professional athletes, especially golfers, use the ATM2 as part of their rehabilitation and training programs. It can be used with the knee, hip, shoulder, neck and back.



Rapid Body Vibration:

- Provides benefits of both anaerobic and aerobic exercise
- Increases physical strength, dexterity, and endurance
- Increases balance and coordination
- Increases flexibility, range of motion and mobility
- Reduces arthritic pain, joint and ligament stress
- Enhances critical blood flow in the body (oxygenation and lymph drainage)



Nerve Rebuilder - Peripheral Neuropathy Therapy (PNT):

PNT therapy is an FDA cleared treatment that has been shown to decrease pain, inflammation, speed healing and more. By directing specific frequencies of electricity to the body this painless treatment can accelerate the healing process of nerve and increase circulation. PNT has been clinically shown to help with Carpal Tunnel, Peripheral Neuropathy, RSDS, Fibromyalgia and other painful conditions.

Cold Laser Therapy:

We use cold laser in our office which helps improve blood flow and oxygenation and decreases inflammation to help tissues heal.

Non-Surgical Spinal Decompression:

NSSD creates a negative disc pressure and helps to remove pressure off of the nerve. It also provides a slow stretch of the muscles which fires up the spinal cord to increase firing of brain.



We may also use spinal and extremity adjustments, auditory, visual, olfactory, heat, TENS, auricular therapy and caloric stimulation to increase firing of brain.